

Warning Signs!

Call your doctor or midwife immediately if you notice:

- ☎ Bleeding from the vagina ☎
- ☎ Severe cramping or stomach pain ☎
- ☎ Leaking fluid from the vagina (a trickle or a gush) ☎
- ☎ Frequent, painful urination (drink plenty of water in the meantime) ☎

Call your doctor or midwife within 24 hours if you have any of the following symptoms:

- ☎ Nausea or vomiting that doesn't stop ☎
- ☎ Chills or fever over 101 degrees ☎
- ☎ Vaginal discharge that makes you itch or burn ☎
- ☎ Feeling dizzy or lightheaded often ☎
- ☎ No movement, or fewer than ten kicks, from your baby in a two hour period. Lay on your left side and count the kicks.
- ☎ Misty or blurred vision; seeing spots or flashes of light ☎
- ☎ Severe headache that does not respond to Tylenol within four hours ☎
- ☎ Sudden, balloon-like swelling of face, hands or feet ☎
- ☎ Not urinating nearly as often as usual ☎

