

TEEN COUNSELING

RESOURCE	ADDRESS & PHONE #	SERVICES	PAYMENT
Catholic Social Services	1410 Coal SW Albuquerque, NM 87125 247-9521	Day care centers for teen mothers Housing program for homeless mothers	Sliding scale fees
Esperanza Counseling Services	560 Camino Del Pueblo Bernalillo, NM 87004 1021 Quincy NE Albuquerque, NM 87110 255-7666	Gang violence, teen concerns, peer pressure, stop smoking, drug prevention	Sliding scale fees
Family & Children's Services, Inc.	1503 University Blvd. Albuquerque, NM 87102 243-2551	Parenting classes, psychotherapy, Chaparral adoption services	Funded through United Way scholarships based on income
Rape Crisis Center	1025 Hermosa SE Albuquerque, NM 87108 266-7711	Crisis Line & Victim Advocacy 24 hour telephone & hospital ER assistance Educational services to the community including workshops	Donations only
Salud	(888) 977-4222	"Options" – Mental Health Program Will send teens to any appropriate resources	Salud coverage
Maureen Whitney, LISW	4233 Montgomery NE Suite 200W Albuquerque, NM 87109 321-8506	Adolescents – anger and stress management, substance abuse issues, anxiety disorder	On most insurance panels. Sliding scale.
Katherine Yeo, LISW	4233 Montgomery NE Suite 200W Albuquerque, NM 87109 884-8040	Focus on adolescents (age 16+), depression, anxiety disorder, panic disorder, bereavement and loss Bulimia & relationship problems	PHP, Salud and variety of other insurances